# Ridgewood Crew 2019 Regatta Meeting



March 14, 2019

### Ridgewood Crew 2019 Regatta Meeting

Agenda Item	Responsibility
Welcome and Introductions	Ann Hida
Regatta Schedule	Ann Hida
Regatta Transportation & Overnight Logistics	Judy Wong
Parent Tent	Elisa Rivero

### Introductions

#### Coaches

- o Boris Roque-Alvarez, Head Coach
- o Bob O'Connor, Assistant Coach
- o Janet Raphael; Assistant Coach
- RC Board/Officers
  - o Rocco Orlando, President
  - o Kelly Aherne, Secretary
  - o Andy Hoy, Treasurer
- RC Committee Chairs
  - <u>Fundraising:</u> Susana Carmona & Mercedes Martinez
  - o InstaTeam: Katie Saladucha
  - o <u>Tent Coordination:</u> Elisa Rivero; Liz Glenning; Charlotte Villemoes
- Student Board Liaisons
  - o Alex Saladucha

- o Jimmy Trunley; Assistant Coach
- o Molly Dudrear, Assistant Coach

- o Ann Hida, VP Administration
- o Judy Wong, VP Logistics
- o Jeanne Johnson, VP Marketing

- o <u>Media/PR:</u>Stacey Kliesch
- o Apparel/Unisuits: Teresa Liu & Bonnie Lowicki
- o <u>Website:</u> Soo Youn
- <u>End of the Year Banquet</u>: Eliza Sudol & Karen Hoy
- o Nicki Kye

### 2019 Spring Regatta Schedule

Event	Date/Time	Location	Crews
Iron Man	Sat, January 26; all day	Don Bosco Prep; Ramsey, NJ	All rowers
CRASH Bs	Sat, February 17; all day	BU Track & Tennis Ctr; Boston, MA	Select rowers
3 <sup>rd</sup> Manny Flick	Sun, March 31; all day	Cooper River, Camden, NJ	Select crews
4 <sup>th</sup> Manny Flick	Sun, April 7; all day	Fairmount Park, Philadelphia, PA	All crews
5 <sup>th</sup> Manny Flick	Sun, April 14; all day	Fairmount Park, Philadelphia, PA	All crews
Garden State	Sat, April 27; all day	Cooper River, Camden, NJ	Select crews
Cities Championship	Sat/Sun, May 4-5; all day	Fairmount Park, Philadelphia, PA	All crews
Mid-Atlantics	Sat/Sun, May 11-12; all day	Mercer Lake, NJ	Select crews
Stotesbury Regatta	Fri/Sat, May 17-18; all day	Fairmount Park, Philadelphia, PA	Select crews
SRAA Championship	Fri/Sat, May 24-25; all day Crews to arrive on May 22 for practice on 23rd	Dillon Lake, Nashport, OH	Qualified crews
US Youth Nationals	Fri – Sun, June 7-9; all day	Sarasota, FL	Qualified crews

### Regatta General Info

- Regatta information can be found on regattacentral.com
- Entries are available once the team has been registered
- Schedule is finalized 1 2 days prior to regatta; we will send link to final schedule
- Manny flicks alternate girls am (4<sup>th</sup>); boys am (3<sup>rd</sup> and 5<sup>th</sup>)
- All other regattas will have races mixed throughout day
- Race results can be found on regattacentral.com or herenow.com
- Parking is limited; be prepared to walk and note that at times it may be muddy at the river.
- RC provides our own port-o-potty for 3<sup>rd</sup> 5<sup>th</sup> Manny Flicks & Cities Championship
- NOTE: 3<sup>rd</sup> Manny Flick is in Camden, NJ

## **Regatta Transportation**

Transportation provided to and from Regattas

All Manny Flicks	Cities Championship (2 – day)
Garden state	Stotesbury (2 – day)

- Bus will leave & return from Graydon Pool Parking lot
  Manny Flicks/Garden State early departure ~5am; late return ~9pm
- If a rower misses the regatta bus, they will need to provide their own transportation to regatta
- Rowers will text parents the approximate time of arrival at Graydon
- Any changes will be sent via InstaTeam

#### Cities Championship; May 4 – 5

- Bus departs Graydon Pool parking lot tentatively at 8am on Saturday, May 4<sup>th</sup>.
- Bus will be available to transport rowers back to Ridgewood next day May 5. There will be no bus returning to Ridgewood after races on May 4<sup>th</sup>.
- Accommodation WILL NOT be provided for this regatta. Overnight stay is not required. Parents to secure reservations and pay for hotel for their rowers. Parents are responsible for their own rowers if overnight stays are arranged.
- Arrangements are being planned to transport rowers from Kelly Drive to Courtyard Marriott City Avenue at the end of the day on May 4<sup>th</sup> and back to Kelly Drive on May 5<sup>th</sup>. Updates will be released closer to event date.
- If a rower does not qualify for Sunday's races, they may return to Ridgewood – parents to secure transportation.
- If a rower qualifies for Sunday's races and choses to stay someplace else or return to Ridgewood, they must be at the regatta 2 hours prior to their race on Sunday.

- Stotesbury Cup; May 17 18
  - o Bus departs Brookside on May 16 at 11:15am
    - Rowers to bring bag lunch and drop their bags on Thursday before school.
  - Hotel Wyndham Philadelphia Historic City, 400 Arch St, Philadelphia, PA 19106
    - Rower hotel rooms are paid for by Ridgewood Crew; 4 rowers per room
    - Any extra rooms will be released to parents early to mid April. Email with booking instructions will be sent out. Parents are responsible to pay for their rooms and meals at hotel.
  - Rower transportation to and from hotel/regatta will be provided by Ridgewood Crew
  - After medal ceremony, bus will transport rowers back to Ridgewood – Graydon Parking Lot.

- Stotesbury Cup; May 17 18, cont.
  - Team meetings (Rowers & Coaches ONLY)
    - Thursday, May 16 at 6:30pm; dinner will be provided
    - Friday, May 17 at 6:30pm; dinner will be provided
    - Rowers with allergies, please inform Judy Wong
  - o Parent Stotes Dinner; please RSVP
    - Friday, May 17 at 6:30pm; location TBD

- SRAA; May 24 25
  - Located on Dillon Lake outside of Zanesville, OH (approximately 1 hour from Columbus, OH)
  - Garden States Regatta is the qualifier regatta for SRAA. If a boat qualifies for SRAA, all boat members must agree to participate in SRAA in order to be registered.
  - Hotel accommodations and transportation to and from the regatta are the responsibilities of the parents.
  - All costs for coaches and boat transportation and coach accommodations will be split by regatta participant families
  - Rowers are strongly encouraged to get to Ohio by the evening of Wednesday, May 22 or early Thursday, May 23 in order to rig boats and row the course.
  - If a rower/boat qualifies for SRAA, they will need to continue practicing after Stotes.

- US Youth Nationals; June 6 9
  - o Located at Nathan Benderson Park, Sarasota, FL
  - Mid-Atlantics is the qualifier regatta for US Youth Nationals. If a boat qualifies for US Youth Nationals, all boat members must agree to participate in US Youth Nationals in order to be registered
  - Hotel accommodations and transportation to and from the regatta are the responsibilities of the parents.
  - All costs for coaches and boat transportation and coach accommodations will be split by regatta participant families
  - If a rower/boat qualifies for US Youth Nationals, they will need to continue practicing after Stotes

### Parent Tent

- Ridgewood Crew is run by volunteers. Our volunteer hours contribute directly to the success of our rowers!
- Parent tent requires 100% participation from crew families!
- 6 regattas 4 are 1-day regattas 2 are 2-day regattas
- Food tent leaders Elisa Rivero, Charlotte Villemoes and Liz Glenning
- Sub-teams of 6 family volunteers + leader (senior/junior family)
- We feed rowers, coaches and parents. Family members are welcome as well as donations

### Sub-teams responsibilities

- Prior the regatta during the week
  - Work with volunteers to prepare food for set menu, recipe suggestions will be provided
  - Re-stock trailer and prepare it for regatta, well-iced coolers must be ready the night before the regatta
- At the regatta All day (from 7 am to 4 pm)
  - o Work the morning and afternoon shifts as assigned by Tent Leader
  - o Prepare and serve hot breakfast and lunch. Send food to coaches
  - o Keep tent clean and organized
  - o Prepare rowers sandwiches for return trip on the bus
- After the regatta same night or day after
  - Clean coolers and preserve perishable food for possible reuse (yogurts, condiments, shredded cheese, etc.)
  - o Wash dirty pots/pans and utensils
  - o Pass along reusable food to the next regatta team leader

### 2019 Spring Regatta Schedule

Event	Date/Time	Volunteers Needed	Sub-team Leader
3 <sup>rd</sup> Manny Flick	Sun, March 31	-	Rocco Orlando
4 <sup>th</sup> Manny Flick	Sun, April 7	-	Luly Melarti
5 <sup>th</sup> Manny Flick	Sun, April 14	-	Katherine Montgomery
Garden State	Sat, April 27	-	Katie Saladucha
Cities Championship	Sat, May 4	2 slots	Jeanne Johnson
	Sun, May 5	4 Slots	Jeanne Johnson
Stotesbury Regatta	Fri, May 17	3 Slots	Elisa Rivero
	Sat, May 18	3 Slots	Elisa Rivero

<u>12 family volunteers still needed</u> <u>100% participation is required</u>

### Parent Tent

- Sign-up in InstaTeam to volunteer for open spots
- Sub-team leaders to arrange meeting with their volunteers
  - o Know each other
  - o Divide chores
  - o Receive training
- Menus will be finalized
- Trailer will be handed to the first sub-team cleaned and fully stocked with non-perishables
- Get ready and have fun!

# Thank you & Go Wood!

