The Tryouts for the Ridgewood Crew 2020 spring team will be on Monday, January 6 and Tuesday, January 7, 2020. Rower will attend only one tryout session. The Ridgewood Crew spring high school team will be announced after the tryout session on Tuesday, January 7, 2020. To sign up for a tryout session please use this form: <https://docs.google.com/spreadsheets/d/1iiJ2BBG9IVZ4HhIK6NhWpW0Z3jsZsKoT4xNEIW7wkYg/edit?usp=sharing>

The following items are required to be submitted before or at the tryout session.

* Registration Form. <https://forms.gle/rukSy9afXbGi1Kkn7>
* Acceptance of the 2020 RC Expectations, Rules, and Code of Conduct for Students and Parents. <https://na3.docusign.net/Member/PowerFormSigning.aspx?PowerFormId=506130eb-4fc1-4ec3-bbf2-009f31556cbe&env=na3-eu1&acct=4f70cc9d-03df-4622-bead-85017e8ab53c&v=2>
* Physician Clearance Form, Document below. All rowers will need to have this form signed by their physician indicating they may row with Ridgewood Crew for the 2020 spring season. Note – if your rower had a physical at any time in 2019, your physician can sign the form.
* The first ($900) (or full $2700) fee installment.

**Note all documents and first fee payment must be received by the tryout day. No late registration, forms, or fees will be accepted.**

The Ridgewood Crew Team practices begin on Wednesday, January 8, 2020 at the RHS Cafeteria. Exact time will be announced in early January; tentatively set for 4:30-6:30pm or 5:30-7:30pm Monday – Friday and early afternoon on Saturday.

For planning purposes, the TENTATIVE 2020 Spring Regatta Schedule is:

Januray 25 Ironman Erg Classic Don Bosco HS, Ramsey, NJ

February Erg Race South NJ (tentative)

March 1 C.R.A.S.H Bs Boston, MA (select rowers, tentative)

March 29 3rd Manny Flick Cooper River, Camden, NJ

April 5 4th Manny Flick Schuylkill River, Philadelphia, PA

April 19 5th Manny Flick Schuylkill River, Philadelphia, PA

April 25 Garden State Regatta Cooper River, Camden, NJ

May 2 & 3 City Championship Schuylkill River, Philadelphia, PA

May 10 Mid-Atlantics Mercer Lake, Princeton, NJ (select rowers, tentative)

May 15 & 16 Stotesbury Regatta Schuylkill River, Philadelphia, PA

May 22 & 23 SRAA Nationals Cooper River, Camden, NJ (qualifying boats)

June 11-14 US Youth Nationals Sarasota, FL (qualifying boats, tentative)

Other important dates:

January 10 RC Team Parent Meeting – mandatory

February 1 Super Party

March 6 Row-a-Thon/dodge ball tourney

March 17 RC Team Regatta Meeting – mandatory

May/June End of Season Banquet