

Basketball Gym Usage Schedule Fall 2018

Updated August 18

	COSTA	2:30-3:30	3:30-4:30	4:30-5:30	5:30-6:30	6:30-7:30	7:30-9pm	MBMS	5-6	6-7	7-8	8-9	VARSITY WEIGHTS & GAME SCHEDULE
Week 1													
Wednesday	22-Aug					JV	JV	22-Aug	Var	Var			2pm @ Afterburn
Thursday	23-Aug					JV	JV	23-Aug	Var	Var	Frosh	Frosh	
Friday	24-Aug							24-Aug	Frosh	Frosh			2pm @ Afterburn / 3:30-4:30 Conditioning
Saturday	25-Aug							25-Aug					Beach Run
Sunday	26-Aug							26-Aug					
Week 2													
Monday	27-Aug					JV	JV	27-Aug	Var	Var	Frosh	Frosh	2pm @ Afterburn
Tuesday	28-Aug					JV	JV	28-Aug	GIRLS	GIRLS	GIRLS	GIRLS	Yoga on Campus?
Wednesday	29-Aug					Frosh/Try out	Frosh/Try out	29-Aug	GIRLS	GIRLS	GIRLS	GIRLS	2pm @ Afterburn / 3:30-4:30 Conditioning
Thursday	30-Aug					Frosh/Try out	Frosh/Try out	30-Aug	Var	Var	JV	JV	
Friday	31-Aug							31-Aug					2pm @ Afterburn
Saturday	1-Sep							1-Sep					
Sunday	2-Sep							2-Sep					
Week 3													
Monday	3-Sep	LABOR DAY - GYM OPEN						3-Sep					
Tuesday	4-Sep					Var	Var	4-Sep	GIRLS	GIRLS	GIRLS	GIRLS	2pm Yoga?
Wednesday	5-Sep					JV	JV	5-Sep	GIRLS	GIRLS	GIRLS	GIRLS	2pm @ Afterburn / 3:30-4:30 Conditioning
Thursday	6-Sep	Open	Boys Varsity	Boys Varsity	Boys Lower	JV	JV	6-Sep			Frosh	Frosh	
Friday	7-Sep							7-Sep					2pm @ Afterburn
Saturday	8-Sep							8-Sep					Fall League @ St. Bernard
Sunday	9-Sep							9-Sep					
Week 4													
Monday	10-Sep	Boys Varsity 9am-12pm / Girls 4-7pm				JV	JV	10-Sep	Frosh	Frosh			2pm @ Afterburn
Tuesday	11-Sep					Var	Var	11-Sep	GIRLS	GIRLS	GIRLS	GIRLS	
Wednesday	12-Sep					Frosh	Frosh	12-Sep	GIRLS	GIRLS	GIRLS	GIRLS	2pm Afterburn / Evening in Fall League @ St. Anthony - Varsity & JV
Thursday	13-Sep	Var	Var	Frosh	Frosh	JV	JV	13-Sep					
Friday	14-Sep							14-Sep					2pm @ Costa w/ Coach C Partner
Saturday	15-Sep							15-Sep					Saturday Fall League @ St. Bernard's
Sunday	16-Sep							16-Sep					
Week 5													
Monday	17-Sep					JV	JV	17-Sep	Var	Var	Frosh	Frosh	Coach C - Time TBD
Tuesday	18-Sep					Var	Var	18-Sep	GIRLS	GIRLS	GIRLS	GIRLS	

Wednesday	19-Sep	NO SCHOOL				Frosh	Frosh	19-Sep	GIRLS	GIRLS	GIRLS	GIRLS	2pm w/ Coach C Lift / Eveningin Fall League @ St. Anthony - Varsity & JV
Thursday	20-Sep					JV	JV	20-Sep	Var	Var	Frosh	Frosh	
Friday	21-Sep							21-Sep					2pm @ Costa w/ Coach C Partner
Saturday	22-Sep							22-Sep					9am Beach Workout w/ Coach C
Sunday	23-Sep							23-Sep					
Week 6													
Monday	24-Sep							24-Sep	Boys Vars	Boys Vars	Boys Lowe	Boys Lowe	Coach C - Time TBD
Tuesday	25-Sep	Boys Lower 2-4pm / Varsity 4-5:	Boys Lower					25-Sep	GIRLS	GIRLS	GIRLS	GIRLS	
Wednesday	26-Sep							26-Sep	GIRLS	GIRLS	GIRLS	GIRLS	2pm w/ Coach C Lift / Eveningin Fall League @ St. Anthony - Varsity & JV
Thursday	27-Sep							27-Sep	Boys Vars	Boys Vars	Boys Lowe	Boys Lowe	
Friday	28-Sep	Boys Varsity 2-4pm / Girls 4-6pm						28-Sep					Coach C TBD?
Saturday	29-Sep							29-Sep					Beach Workout w/ Coach C
Sunday	30-Sep							30-Sep					
Week 6													
Monday	1-Oct							1-Oct	Boys Vars	Boys Vars	Boys Lowe	Boys Lowe	Coach C - Time TBD
Tuesday	2-Oct					Boys Vars	Boys Vars	2-Oct	GIRLS	GIRLS	GIRLS	GIRLS	
Wednesday	3-Oct					Boys Lowe	Boys Lowe	3-Oct	GIRLS	GIRLS	GIRLS	GIRLS	2pm w/ Coach C Lift / Eveningin Fall League @ St. Anthony - Varsity & JV
Thursday	4-Oct					Boys Vars	Boys Vars	4-Oct	Boys Vars	Boys Vars	Boys Lowe	Boys Lowe	
Friday	5-Oct							5-Oct					2pm @ Costa w/ Coach C Partner
Saturday	6-Oct							6-Oct					Fall League @ St. Bernard
Sunday	7-Oct							7-Oct					
Week 7													
Monday	8-Oct							8-Oct	Boys Vars	Boys Vars	Boys Lowe	Boys Lowe	Coach C - Time TBD
Tuesday	9-Oct					Boys Vars	Boys Vars	9-Oct	GIRLS	GIRLS	GIRLS	GIRLS	
Wednesday	10-Oct					Boys Lowe	Boys Lowe	10-Oct	GIRLS	GIRLS	GIRLS	GIRLS	2pm w/ Coach C Lift / Eveningin Fall League @ St. Anthony - Varsity & JV
Thursday	11-Oct					Boys Vars	Boys Vars	11-Oct	Boys Vars	Boys Vars	Boys Lowe	Boys Lowe	
Friday	12-Oct							12-Oct					2pm @ Costa w/ Coach C Partner
Saturday	13-Oct							13-Oct					Fall League @ St. Bernard
Sunday	14-Oct							14-Oct					